

ATTENTION CYCLISTS: All Levels and Disciplines

TAKE THE

TORTURE CLINIC

(The Most Popular and Comprehensive Early Season Cycling Program Ever Developed!)



IT'S A SCREAM!!

The **2010 TORTURE CLINIC** is now signing up. Be fitter, ride faster, stronger and more powerful. Learn to ride with more skill, control, comfort and confidence. Improve your speed, spin, skill, recovery and learn to climb like a mountain goat! Get tough and tenacious - both physically and mentally. Get fast and strong. *Thousands of Torture Clinic graduates can't be wrong!*

The **2010 TORTURE CLINIC** begins January 5th. Space is limited.

CLINIC runs 9~ weeks on Tuesday and Thursday evenings with 2 class times available - 5:20 to 7:15 PM or 7:15 to 9:10 PM.

TORTURE CLINIC fee is \$419.00 (\$19.00 discount for cash or check)

For more information call Robert at *Santiago Cycling* (714) 544-6091 or visit our Website at **www.cyclingpros.com**