

TORTURE CLINIC 2010
CLINIC APPLICATION AND RECEIPT

Clinic Fee \$419.00

(Please Print) Name: _____		Date: _____
E-Mail Address (first timers): _____		
Phone: _____ (Cell) _____ (Work) _____		Age: _____
Medical Release Signed? _____ Liability Signed? _____		Info Given: _____
Cleats for the Monark?: Orig. LOOK ___ LOOK KEO ___ SHIMANO SPD ___ SHIMANO ROAD ___		T-Shirt Size? _____
Payment Form: Cash \$ _____ Check Number _____ \$ _____ (\$19.00 discount for Cash or Check) Master Card, Visa, (No Amex) \$ _____		AMOUNT PAID \$ _____ Deposit Received? \$ _____ Balance Due: \$ _____
CLASS TIME (select one): 5:20 P.M. _____ or 7:15 P.M. _____		
TESTING DATE(s) & TIME(s): Wed. Jan. 6 th _____		Time: 5:00, 5:45, 6:30
NOTE: Unscheduled Testings Thur. Jan. 7 th _____		Time: 4:30, 5:15, 6:00, 6:45
will be charged a \$25.00 Fee. Fri. Jan. 8 th _____		Time: 4:30, 5:15

TORTURE CLINIC 2010
RECEIPT AND TEST TIME

Participant's Name: _____

Payment Form: Cash \$ _____	AMOUNT PAID
Check No. _____ \$ _____	\$ _____
MC/VISA, (No Amex) \$ _____	Deposit Paid? \$ _____
	Balance Due \$ _____

CLASS TIME: 5:20 P.M. _____ or 7:15 P.M. _____

TESTING DATE(s) & TIME(s): Wed. Jan. 6 th _____	Time: 5:00 5:45 6:30
IMPORTANT: Thur. Jan. 7 th _____	Time: 4:30 5:15 6:00 6:45
Unscheduled Testings Will Fri. Jan. 8 th _____	Time: 4:30 5:15
be charged a \$25.00 fee.	

ORIENTATION: Tuesday, January 5th, 2010 - 6:00 P.M.
 * New Clinic Members Required *

NO WORKOUT 1st NIGHT
 Street clothes are fine
 1st workout w/ bike - Jan. 12th

SPECIAL NOTE: ALL FEES ARE NON-REFUNDABLE
AFTER JANUARY 5th, 2010

ROBERT KAHLER CYCLING ACADEMY

Cycling Development & Torture Clinics

LIABILITY RELEASE

I acknowledge that I have voluntarily applied to participate in outdoor bicycle rides, Indoor Cycling Development & Training Clinics, The Torture Prelude Clinic, The Torture Clinic, The Speed & Power Clinic, weight training, exercise and fitness classes, metabolic exercise testing, and other sport and physical exercise activities offered by Santiago Cycling Inc., Mr. Jill's Body Firm, Inc., Robert Kahler, Jill Koval-Kahler, Veloce Santiago and their affiliated organizations and employees.

I AM AWARE THAT PARTICIPATION IN THESE ACTIVITIES IS INHERENTLY DANGEROUS AND INVOLVES A RISK THAT MAY RESULT IN ACCIDENT OR INJURY. I AM VOLUNTARILY PARTICIPATING IN THESE ACTIVITIES WITH KNOWLEDGE OF THE DANGER INVOLVED, AND I HEREBY AGREE TO ACCEPT ANY AND ALL RISKS AND RESPONSIBILITIES OF DAMAGE TO PROPERTY, PERSONAL INJURY OR DEATH.

As consideration for being permitted by Santiago Cycling Inc., Mr. Jill's Body Firm, Inc., Robert Kahler, Jill Koval-Kahler, Veloce Santiago and their affiliated organizations and employees, I hereby agree that neither I nor any of my heirs, guardians or legal representatives will make a claim to against, sue, or attach the property of Santiago Cycling Inc., Mr. Jill's Body Firm, Inc. Robert Kahler, Jill Koval-Kahler, Veloce Santiago and their affiliated organizations and any of their partners, agents or employees as a result of damage to property, personal injury or death resulting from my participation in bicycle rides, Indoor Cycling Development & Training Clinics, The Torture Prelude Clinic, The Torture Clinic, The Speed and Power Clinic, weight training, exercise and fitness classes, and other sport and physical exercise activities offered by Santiago Cycling Inc., Mr. Jill's Body Firm, Inc., Robert Kahler, Jill Koval-Kahler, Veloce Santiago, and their affiliated organizations and employees.

I hereby release Santiago Cycling Inc., Mr. Jill's Body Firm, Inc., Robert Kahler, Jill Koval-Kahler, Veloce Santiago and their affiliated organizations and any of their partners, agents or employees from all actions, claims or demands that either I or my heirs, guardians or legal representatives may now or hereafter have for damage to property, personal injury or death resulting from my participation in these activities.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY OF SANTIAGO CYCLING INC., MR. JILL'S BODY FIRM, INC, ROBERT KAHLER, JILL KOVAL-KAHLER, VELOCE SANTIAGO AND THEIR AFFILIATED ORGANIZATIONS AND ANY OF THEIR PARTNERS, AGENTS OR EMPLOYEES, AND SIGN IT OF MY OWN FREE WILL.

This Liability Release shall remain in full force and effect until revoked in writing.

Executed on (date) _____

(Signature)

(Printed Name)

ROBERT KAHLER CYCLING ACADEMY

Cycling Development & Torture Clinics
Santiago Cycling, Inc.
115 N. Prospect
Tustin, CA 92780
(714) 544-6091

MEDICAL CLEARANCE

Required for all new clinic members over the age of 35

You are required to get a physical examination by a physician prior to participating in any exercise program if deemed necessary by physician.

Physician's Approval:

I give medical approval to the person named below to participate in the fitness assessment and exercise program which will include progressive and intensive exercises (aerobic, anaerobic, flexibility, and resistance training) for conditioning the body. I certify that the person whose name is listed below appears to have no reason why a progressive, intensive, exercise program should not be undertaken with the recommendations I have indicated below. Please contact me if there are any concerns.

I AUTHORIZE THE BELOW NAMED PHYSICIAN TO RELEASE INFORMATION NECESSARY TO THE DEVELOPMENT OF MY FITNESS PROGRAM TO Santiago Cycling, Inc.

NAME OF PATIENT: _____

SIGNATURE OF PATIENT: _____

DATE: _____

NOTE TO THE PHYSICIAN:

If the person named above is taking any form of medication that might affect their response to exercise, please indicate below the type of medication, possible effects and precautions when exercising. Also, state any and all types of exercise that this person named above should not do.

Physician Name: _____ Phone: _____

Physician Signature: _____ Date: _____