

Kahler Cycling Academy

117 N. Prospect Ave. Tustin, Ca. 92780



Proudly Announces
The One, The Only, The Next

SPEED AND POWER CLINIC, 2018

“Incredible Lessons In Interval Training”

Clinic begins March 13th and 15th, 2018

Allow cycling exercise physiologist Robert Kahler help you improve your physical and physiological cycling functions: AMP your upper level heart function, leg speed, short climbing power and speed, acceleration, sprinting and recovery.

This 6 week CLINIC will help transform your speed and your power on the bike.

Either 1 or 2 CLINIC nights are available:

Tuesday evenings - 5:20 or 6:55 PM, and/or Thursday evenings – 5:55 PM

Fee is \$145.00 (early class) or \$135.00 (late class) Per 6 Week Class -Tuesdays
And/Or \$145.00 Per 6 Week Class -Thursdays
(cash or check payments receive a \$5.00 discount)

*** Space is definitely limited to 34 per Class***
Visit our Website at www.cyclingpros.com
or talk to Robert at (714) 713-9557