



# **KAHLER CYCLING ACADEMY**

**Proudly Announces**  
The One, The Only, The Next . . . .

## **SPEED AND POWER CLINIC, 2017**

**“Incredible Lessons in Interval Training”**

**Clinic begins March 14th and 16th, 2017**

Allow cycling exercise physiologist Robert Kahler help you improve your physical and physiological cycling functions: AMP your upper level heart function, leg speed, short climbing power and speed, acceleration, sprinting and recovery.

This *6 week CLINIC* will help transform your speed and your power on the bike.

### **Either 1 or 2 CLINIC nights are available:**

- Tuesday evenings - 5:20 or 6:55 PM,
- and/or Thursday evenings – 5:55 PM

### **Fees:**

- \$145.00 (early class) or \$135.00 (late class) Per 6 Week Class – Tuesdays
- And/Or \$145.00 Per 6 Week Class -Thursdays

*(cash or check payments receive a \$10.00 discount)*

*\* Space is definitely limited to 35 per Class\**

Visit our Website at [www.cyclingpros.com](http://www.cyclingpros.com)  
or talk to **Robert** at **(714) 713-9557**  
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